

DEPARTMENT OF RECREATION MANAGEMENT & YOUTH LEADERSHIP

RMYL 123, Sec. 002, "Introduction to Outdoor Recreation"
Course Outline • Winter Semester 2012
106 RB • Wed 4-7:20 p.m.

Instructor: Phil Kelly – 145A Richards Building - 422-3130 - email: phil_kelly@byu.edu

Course Definition:

For the purpose of this class, *outdoor recreation* is defined as any activity pursued outdoors or indoors involving knowledge, use, or appreciation of natural resources and that recreates an individual physically, psychologically, emotionally, spiritually, and socially.

Program Learning Outcomes:

1. Demonstrate excellence in analytical thought through oral and written communication.
2. Utilize philosophies and theories of recreation management to guide professional practice.
3. Communicate enhanced spirituality, character, and respect for diversity.

Course Specific Learning Outcomes:

1. Experience and learn basic outdoor techniques through participation in course activities.
2. Teach and apply fundamental outdoor ethics (Leave No Trace).
3. Review fundamental safety skills related to common practices in outdoor recreation.
4. Reflect on the impact of God's creations in your life and your feelings about this beautiful world He has given us.

Course Activities and Lectures:

- | | |
|-------------------------|-------------------|
| 1. Canoeing | 6. Outdoor Ethics |
| 2. Cross Country Skiing | 7. Outdoor Safety |
| 3. Dutch Oven Cooking | 8. Rock Climbing |
| 4. Hiking | 9. Snowshoeing |
| 5. Kayaking | 10. Team Building |

Textbook:

Class web page, handouts, and assigned readings will provide the requisite information.

Field Trips:

The experiential nature of course instruction requires that most outdoor activities take place away from campus. Students will be asked to meet at the starting location for these activities. *Some activities will take place outside the regularly scheduled class time.*

Assignments:

1. Attendance:
 - a. Unexcused absences will result in a loss of six attendance points. Students are expected to be on time for each class, and remain the entire class period. Students coming late or leaving early will lose attendance points.

b. **One** excused absence for health or family related conflicts is allowed if necessary. This absence **MUST** be arranged with the instructor in advance. A three-page report (with at least one reference source) on the subject of the activity missed must be submitted

2. Leave No Trace:

Each student will need to review all seven of the leave no trace principles and watch the LNT NPS video on the leave no trace web page at: <http://www.lnt.org/programs/principles.php> Two test questions with answers must be submitted for **each** of the seven principles. Answers should be accurate, comprehensive and in *short essay form*. This assignment is due February 29 and is worth 14 points. One point will be deducted from *each set* of Q&A's for each day it is late.

3. Outdoor Safety:

Each student is required to read the *selected article(s) for the following topics: altitude illnesses, avalanche safety, clothing layering, hypothermia, blisters, dehydration, water purity, & weather safety. **Three** test questions with answers must be submitted for **each topic**. Answers should be accurate, comprehensive and in *short essay form*. The first four topics are due January 18 and the last four topics are due February 15. Each set of Q & A's is worth 3 points for a total of 24 points. One point will be deducted from *each set* of Q&A's for each day it is late. *Selected articles are found under the "notes" link on the class web page.

4. Reflection Paper:

Spend some time pondering the impact of God's creations in your life and your feelings about this beautiful world He has given us. Then write a one-page reflection paper. This paper will be worth 7 points and is due April 4.

5. Exam:

Each student will be required to take an examination that will cover information from selected class lectures, videos, and class web page notes. This exam will be worth 45 points.

Note: **All written assignments must be submitted via email to our TA Bianca Rosenhan at: biancatheta@gmail.com** as an attached word document. Reports can be single or double spaced with a font size no larger than 12 point. Please check your written assignments for spelling and grammatical errors before submission.

Grading Procedure:

To pass this course, an overall score of 110 points is required. Minimum scores of 80% for attendance and 60% for the exam and writing assignments are also required to pass this class.

	<u>Points Possible</u>	<u>Minimum Score</u>
Attendance	60 points	48 points (80%)
Writing Assignments	45 points	27 points (60%)
Exam	45 points	27 points (60%)
Overall Score	150 points	*110 points

*The minimum score in each of the three grading areas will not accumulate enough points to reach the required 110 points to pass this course.

Important Information:

1. The course outline, schedule and lecture notes are available on the class web page at:
<http://pkrmyl123.byu.edu/>
2. Classes are subject to change due to weather, scheduling of facilities, etc. Changes in the schedule as well as information about each activity will be sent via e-mail to each class member.
3. The RMYL outdoor equipment room has high quality gear for camping, backpacking, snowshoeing, and cross-country skiing. A \$20 fee will be charged for those who would like access to this equipment. This equipment may only be used for scheduled class activities.
4. Field trip insurance from the Risk Management and Safety department will be purchased for each activity. This insurance is a secondary insurance and has no deductible. The field trip insurance has a maximum benefit of \$2,500.00.
5. To gain the most from this course students should strive to involve themselves, to the maximum, in each activity. This course is about doing and experiencing wholesome outdoor recreation activities and developing a desire to try new activities. It is the instructor's hope that you will have fun with this course and discover something new about yourself.
“Only those who will risk going too far can possibly find out how far one can go.” T.S. Eliot

Honor Code Standards

In keeping with the principles of the BYU Honor Code, students are expected to be honest in all of their academic work. Academic honesty means, most fundamentally, that any work you present as your own must in fact be your own work and not that of another. Violations of this principle may result in a failing grade in the course and additional disciplinary action by the university.

Students are also expected to adhere to the Dress and Grooming Standards. Adherence demonstrates respect for yourself and others and ensures an effective learning and working environment. It is the university's expectation, and my own expectation in class, that each student will abide by all Honor Code standards.

Preventing Sexual Discrimination or Harassment

Sexual discrimination or harassment (including student-to-student harassment) is prohibited both by the law and by Brigham Young University policy. If you feel you are being subjected to sexual discrimination or harassment, please bring your concerns to the professor. Alternatively, you may lodge a complaint with the Equal Opportunity Office (D-282 ASB) or with the Honor Code Office (4440 WSC).

Students with Disabilities

If you have a disability that may affect your performance in this course, you should get in touch with the University Accessibility Center (2170 WSC). This office can evaluate your disability and assist the professor in arranging for reasonable accommodations.